

## Who's Who at the Carers' Centre

### Senior Management Team



**David Trumper**  
Chief Executive

After 12 years' working for a wide range of local and national charities, I came to work for the Carers' Centre in 2011. I grew up watching my mother juggle caring for my elderly grandparents whilst working part-time and being mum to three children. She struggled to find her own identity once her caring role ended. Working for the Carers' Centre gives me a real appreciation of what carers do for others each and every day.

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**Janine Woodward-Grant**  
Senior Development Manager

I joined the Carers' Centre in March 2014. With a background in social enterprise and business development, I was keen to employ the skills I have to help people in my local community. At the Carers' Centre I can do exactly this, working alongside the team to strengthen and develop the work that we do. I want everyone in Bath and North East Somerset to be aware of the valuable role carers play in our community, and ensure that they gain the support they need and deserve.

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**Dave Ford**  
Senior Manager (HR)

I joined the Carers' Centre in December 2016 after working for the Civil Service and as an operational manager of older people's support services, delivering community support. This is where I found the drive to help others. Having been a carer myself, I appreciate what is experienced and like to be able to give back where I can.

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**Claire Abrahams**  
Senior Manager

My role is to ensure carers have the opportunity to participate in shaping health and social care services. I enable carers to have a voice within the Carers' Centre and within other key organisations, and I also work to raise the profile of carers and their role as an expert care partner.

## Business Support Team



**Maxine Denham**  
**Business Support Manager**

I started working at the Carers' Centre in 2014 and my role is to enable the front line team to help and support carers better. My work ensures the smooth running of the administration and support services used by the Centre, as well as the day-to-day running of the buildings in Bath and Radstock. I've worked with and for carers in the past, and am delighted to be back helping carers in such a rewarding environment.

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**Gill Evans**  
**Business Support Coordinator**

I am the Business Support Coordinator based in the Radstock Office. I have worked for the Carers Centre since May 2000 and have seen many changes over the years. My primary role is paying and raising invoices; I also look after the Radstock Office making sure we don't run out of important items like toilet rolls! I look after any visitors to the office and make sure they feel welcomed. I deal with incoming and outgoing post; weekly test of fire alarm and other general office duties.

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**Caroline Teasdale**  
**Receptionist**

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## Carer Outreach Team



**Kate Young**  
**Carer Support Services Manager**

I started working at the Carers Centre in September 2017. My role is to manage the Carers Outreach & Support Team who support carers in Bath and North East Somerset, connecting carers to their communities, information and support. The team varies its work through 1-1 support, engaging with communities, partner organisations, making communities recognise carers and reducing isolation.



**Tom Fox**  
**Carers Engagement Services Manager**

I work with Carers on a one-to-one basis in the Bath area, as well as raising awareness of the Carers' Centre with local health agencies, community groups and other relevant teams.



**Lorraine Frapwell**  
**Carers' Support Officer**

I have worked at the Carers' Centre since 2011. I have arthritis of the spine resulting in my becoming disabled over the last few years. My wonderful husband is my carer and I am acutely aware of the emotional impact of being cared for. I hope this gives me insight into supporting carers and their family and friends.

**Leanna Wall**  
**Carers' Support Officer**



**Clive Brooks**  
**Carers' Support Officer (Employment and Training)**

I work with carers who are looking at employment and training, helping them with practical advice and support to build personal confidence. As a carer myself, I appreciate the many challenges of the caring role – and combine this with my background in career guidance. I've worked for the Centre since 2011 and am impressed and inspired by the resilience, resourcefulness and dedication of the many carers who are often doing wonders against the odds.

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**Lindsay Willis**  
**Carers Support Officer**

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**Sue Bricknell**  
**Info & Advice Officer**

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## Young Carers' Team



**Jo Grobler**  
**Young Carers' Services Manager**

I'm Jo and I'm the Young Carers Support Manager. I have worked at the Carers Centre for 9 years in a variety of carers support roles, particularly around supporting parent carers and families. I am excited to now be working with young carers to develop and improve the support service and emotional support we offer. I am keen to implement a whole family approach to working with children, young people and their families.



**Laura Perry**  
**Young Adult Carers Officer**

My role is to work on the 'INVEST' project, which supports young adult carers aged 17-25. I help young adult carers create action plans to achieve their goals; such as improving their physical fitness or gaining a new qualification. I run a monthly social group for those who want to meet other young adult carers. These groups provide a positive social opportunity as well as giving them a break from their caring role. As part of my role, I also visit local colleges, sixth forms and universities to raise awareness of the Carers' Centre and the fantastic services we can offer.



**Lindsey Clay**  
**Young Carers Officer**

## Wellbeing Team



**Sarah Dixon**  
**Wellbeing Services Manager**

I joined the Carers' Centre in 2012 and my role is to manage and develop the wellbeing service for carers. The service covers emotional support; counselling, telebefriending and peer support, time out from caring through breaks and the wellbeing navigator service. I'm responsible for producing the quarterly breaks programme, which is developed by listening to what carers want and need. I'm driven by the positive difference the Centre can make to carers' lives.

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**Carla Senior**  
**Wellbeing Coordinator**

I process all of the breaks / respite bookings we receive and help to ensure the breaks run smoothly. As part of this, I help to organise transport and replacement care so carers are able to attend breaks who might otherwise not be able to. I am also responsible for administrating the counselling service and looking after our fantastic team of volunteer counsellors.

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**Ruth Sexton**  
**Emotional Wellbeing Officer**

I have been involved with the Carers' Centre since 2013, working for many years as a freelance worker until July 2018 when I took on the p/t role of Emotional Wellbeing Officer (2 days per week). I facilitate the Coping with Caring groups (promoting self-care and peer support) and support the telebefriending service, providing listening support for carers over the phone.

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## Community Team



**Emma Tucker**  
**Marketing & Communications Manager**

I have worked at the Carers' Centre since 2014 and my role is to manage and develop the Centre's marketing materials, communications and public relations. I also manage our website and social pages and lead on community fundraising work. As a team leader, I support our volunteer coordinator.

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**Andy Graham**  
**Volunteer Coordinator**

I have been working at the Carers' Centre since 2013. I'm responsible for recruiting, training and supervising the Centre's many volunteers. They help provide a variety of services including fundraising, driving and befriending. It's very powerful to see how carers value our service, often volunteering to give something back as their caring role changes and evolves. I'm also delighted to see how often our volunteering roles can lead to paid employment, opening up new opportunities.

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